



←

SUMMARY +

OUTLINE

Headings you add to the document will appear here.

Capitol Hill Little League

COVID Notification Policy



For the safety of our entire league, please keep your athlete at home if they are showing any symptoms or have a fever of above 100 degrees. Should those symptoms result in a positive COVID test, we will abide by the following notification and quarantine protocols.

POSITIVE COVID RESULT FROM TEAM MEMBER

If any team member, including player, manager or coach tests positive for COVID, we encourage them to notify their team through the Game Changer App or through the team manager and immediately begin home quarantine. Participants cannot return until they have met the [CDC's criteria to discontinue home isolation](#):

1. Testing positive for COVID and has symptoms, you can return to play after:
 - a. 5 days since symptoms first appeared **and**
 - b. 24 hours with no fever without the use of fever-reducing medications and
 - c. Other symptoms of COVID-19 are improving*
 - d. Following those 5 days the player **MUST** wear a well fitting mask for 5 additional days

2. Testing positive for COVID and has no symptoms, you can return to play after:
 - a. 5 days since the positive test result
 - b. If you develop symptoms after testing positive, follow the guidance above
 - c. Following those 5 days the player **MUST** wear a well fitting mask for 5 additional days

Notification Protocols

We encourage families to self-notify their teammates and coaching staff of a positive COVID exposure:

1. Families can reach out to their teams via the Game Changer app or via email, informing them of the positive test result and the last contact of the player with the team.
2. The CHLL Board of Directors will determine if other additional notification protocols are necessary as the season progresses.

Updated 8.31.22

